

SPIRIT, SOUL AND BODY **(part 4)**
Diseases of the mind

When Satan tempted Eve the first time, it was in the realm of the soul that he penetrated. He penetrated her mind first with the spirit of doubt when he asked the question, Is it so that Elohim has said, You shall not eat from any of the garden? Before the woman exercised the lust of the eyes, she allowed her soul to be deceived. She knew what had been told them; but now doubt took over her mind and confused it with deception. The deceits were you shall not die; you will be as Elohim knowing good and evil. When her soul surrendered to the words of Satan, then her body sinned and after that we all have sinned. Satan does not come to us looking evil and scary; he comes to us as an angel of light. His spirit, I truly believe it to be the spirit of fear, continues to come to us in deceitful ways lying and attaching himself to our souls for harm and the transfer of other spirits, when we give him an open door.

Like Eve, we do continue being vulnerable to his schemes and lies and falling to it. Reason why diseases have taken the soul in the realms of the mind and emotion and have handicapped us to the point that we no longer behave like a human being, but like an animal, which has no understanding neither discernment, for they do not reason nor discern. And to subdue the spirit of fear and all others that it brings with it, we become dependent on drugs. We remain exactly where he wants us to be- in bondage to him, and void of YAHWEH'S Holy Spirit.

Many of us have inherited the diseases of the mind from our forefathers, as we read in Exodus 20:5, I YAHWEH your ELOHIM am a jealous ELOHIM, visiting the iniquity of the fathers upon the children to the third and fourth generation of those who hate Me, but many times we bring them to ourselves through sin. When we read the symptoms of the diseases of the mind, it is obvious to see the activities of the spirit of fear in all of them. The true believer in YAHSHUA is protected from the control of the spirit of fear, but when he walks in disobedience to YAHWEH, he gets out of the protection, and YAHWEH uses it to discipline him, Is it not out of the mouth of the Most High that evil and good both proceed? Why does a living man sigh [and why does] a man complain for the punishment of his sins? Let us test and examine our ways and let us return to the Lord! Let us lift up our hearts and our hands to YAHWEH in heaven. When the believer walks in bitterness, for example, his soul has become the place for the devil to torment and cause a lot of damage to his mind, emotion and body. The spirit of fear plants in his soul several other spirits, as anxieties, panic attacks, low self-esteem, insecurity, depression, worries, doubt etc. He plants in the organs of the body all kinds of diseases, cancer of all kinds arthritis and many other diseases. These diseases are under certain specific disease groups by the medical profession and drugs have been created to alleviate them, allowing a person to have a so called "normal life".

Let's look at some of the characteristics of several of the most common types of mental health disorders:

DEPRESSIVE DISORDERS

DYSTHYMIA— a chronic, but mild depression leading one to a great deal of self-doubt; it is also a **neurotic** depression with feelings of **low self-esteem, hopeless, unproductive, overly critical, constant complaining**. The meaning for this word in Greek is bad state of mind.

MAJOR DEPRESSION

This disorder is also considered chronic and display **severe feelings of despair** for several months. A person who suffers from this disorder is impaired to work, to study, to have relationship; it also affects eating and sleeping patterns.

BIPOLAR DISORDER

This is another depression disorder with more severe persistent **feelings of sadness, anxiety, guilt, anger, isolation or hopelessness**; depersonalization, irritability, chronic pain (with or without cause), symptoms of delusions, or hallucinations, and more.

ANXIETY DISORDERS

GENERALIZED ANXIETY DISORDER (GAD)

People with this disorder tend to be jumpy, **fearful and worry about things beyond their control, causing them to suffer stomach problems, headaches, insomnia and fatigue**.

OBSESSIVE-COMPULSIVE DISORDER (OCD)

This disease is characterized by persistent and **intrusive thoughts that cause uneasiness, fear and distress**. An OCD sufferer is also predisposed to developing other mood problems, like depression, anxiety and panic disorder.

PANIC DISORDER

This disorder is a sudden, crushing wave of **anxiety** followed by symptoms of sweating, nausea, shortness of breath, dizziness, and heart palpitations.

POSTTRAUMATIC STRESS DISORDER (PTSD)

This disorder happens to people who have survived a severe trauma, such as combat, rape, natural disaster, diagnosis of a life-threatening illness. They may have flashbacks, become detached or irritable or avoid certain people, places or situation that arouse disturbing memories

SOCIAL PHOBIA (SOCIAL ANXIETY DISORDER)

People with this disorder are enveloped by an overwhelming sense of **dread in certain social situations, such as job interviews, parties or dates**. They easily blush, sweat, tremble or feel faint.

SCHIZOPHRENIA

This mental disorder is a psychotic disorder that entails a loss of touch with reality. A person with this disorder cannot cope with daily life or meet the reasonable expectations and demands

of others. The symptoms are many and severe as in **hearing voices, delusions, disorganized thinking and speech, symptoms of paranoia, social isolation** and many more.

These mental illnesses and their symptoms mentioned here are for a purpose to acquire general knowledge and understanding of the link between the diseases of the soul to sin and the activities of the spirit of fear in every disorder.

It is not in the will of YAHWEH that we should live in the bondage of the spirit of fear; His desire is that we experience His peace through faith that He so willing has given us. His word speaks to us confirming this fact: YAHWEH has not given you a spirit of fear, but of love, of power and of a sound mind (II Timothy 1:7). Fear is called a spirit by YAHWEH and we must recognize it as such. When we say I have fear, or I am afraid, we are confirming the control that fear has on our soul. Fear, without a cause, is the spirit of the devil. Fear and faith don't coexist, and love and fear also don't coexist. Where fear is, faith is not; where fear is, love is not felt. We read in first John 4:16-18 the following: And we know and believe the love YAHWEH cherishes for us. **YAHWEH is love** and he who dwells and continues in love dwells and continues in YAHWEH and YAHWEH dwells and continues in him; in this, **love is brought to completion and attains perfection with us**, that we may have confidence for the day of judgment, because as He is, so are we in this world. There is **no fear in love**, but full-grown **love turns fear out of doors and expels every trace of terror!** For fear brings with it the thought of punishment, and he **who is afraid has not reached the full maturity of love** [is not yet grown into love's complete perfection].

In the general knowledge of the disorders of the soul we read in all of them, directly or indirectly, symptoms caused by the spirit of fear. It will always take faith to heal those symptoms; faith is the only victory that will conquer all the diseases of the soul and body. No disease is greater than the power that there is in faith; in YAHSHUA'S sacrifice for the world there were spiritual healing first and physical healing second. Isaiah fifty-three confirms it. Surely He was borne our griefs and carried our sorrows and pains, yet we considered Him stricken, smitten and afflicted by YAHWEH; but He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him and with the stripes [that wounded] Him we are healed and made whole (vs.4, 5).

"The mind of man is his organ of thought. Through it he is equipped to know, think, imagine, remember, and understand. Man's intellect, reasoning, wisdom and cleverness all pertain to the mind. Broadly speaking the mind is the brain. Mind is a psychology is the brain of physiology; man's mind occupies a large place in his life because his thought easily influences his actions" (Watchman Nee).

The mind is a spiritual battlefield where the enemy contends against the truth and clashes with YAHWEH. In the natural state, before its regeneration, the mind of man was blinded to the truth by the god of this world, and under his control; after the fall of our first parents, it became slave to his desires and demands, and hostile to YAHWEH. But with the new life in YAHSHUA our mind is no longer in bondage to the spirit of fear and in this position we understand the

words of the Apostle Paul, Though we live in the world we are not carrying on a worldly war, for the weapons of our warfare are not worldly but have divine power to destroy strongholds. We destroy arguments and every proud obstacle to the knowledge of YAHWEH, and take every **thought captive to obey Christ** (II Cor. 10:3-5). A regenerated mind that follows the mind of Christ and submits to Him has been given power against the enemy and his demons. The believer that lives to satisfy the desires of flesh has submitted his mind to the control of the spirit of fear – the devil; he is powerless to fight the symptoms of the diseases of the mind; his mind has become a field for the enemy to plant thoughts that are wicked, destructive and deceitful. Paul said in Romans twelve verses one and two, I appeal to you therefore, brethren and beg of you in view of the mercies of YAHWEH, to make a decisive dedication of your bodies as a living sacrifice, holy and well pleasing to YAHWEH, which is your reasonable service and spiritual worship; so not be conformed to this world but be transformed by the renewal of your mind, so that you may prove what is the good and acceptable and perfect will of YAHWEH, even the thing which is good and acceptable and perfect. Guard your mind with the helmet of salvation, for which you were called unto sanctification. Knowing that it is through the mind that the devil takes control of one's life, to destroy it, shouldn't the believer pay more attention to the words of YAHSHUA when three times He warned the apostles, Keep awake and watch and pray that you may not enter into temptation; the spirit indeed is willing, but the flesh is weak (Mark 14:38)? Later the Apostle Peter warned, Be well balanced, be vigilant and cautious at all times; for that enemy of yours, the devil roams around like a lion roaring, seeking someone to seize upon and devour. Withstand him; be firm in faith. . . (I Peter 1: 8,9a). The renewing of the mind is a way to keep it in under the control of the HOLY SPIRIT of YAHWEH. The mind of a believer in YAHSHUA can be powerless to regulate his mental life and subject it to the authority of the HOLY SPIRIT because he possesses the freedom of the will. It is up to him to surrender and submit his soul's desires to the One Who saved him. Evil spirits will beset his mind when he does not yield his mind to the control of the HOLY SPIRIT. Let not your mind be vulnerable to its diseases. Surrender your emotions, your will and follow the One Who said, Come unto Me, and I will give you rest; I will give you My peace; let not your hearts be troubled; believe in YAHWEH, believe also in ME (YAHSHUA).